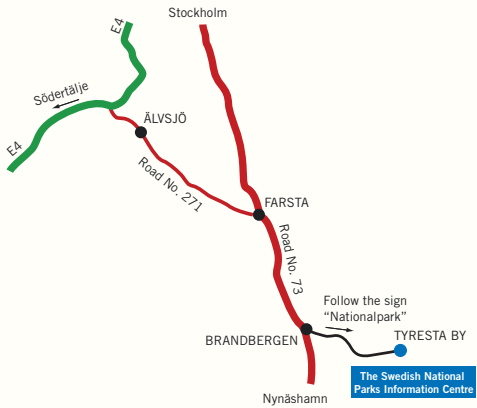


How to find the Swedish National Parks Information Centre

The Swedish National Parks Information Centre is located in the village of Tyresta By. Bus 807 from Gullmarsplan in Stockholm leave regularly for Tyresta By. Bus 834 leaves from the Handen terminus just by



the commuter train station of Haninge C. If you are travelling by car, take the Stockholm-Nynäshamn motorway, turn off towards Brandbergen and follow the sign "Nationalpark" for 5 kilometres.

Admission free! Booked guided tours in the exhibition are free of charge. To book a guided tour in the exhibition or in the national park, please contact us.

Welcome!

Opening times: Tuesday – Friday 9 a.m. – 4 p.m.
Sat – Sun, March – Oct, 11 a.m. – 5 p.m.
Sat – Sun, Nov – Feb, 10 a.m. – 4 p.m.
Address: Tyresta By, 136 59 HANINGE
Telephone: 08-745 33 94
Telefax: 08-741 09 93
E-mail: info@tyresta.se
Web site: www.tyresta.se

Conferences

Book your conference, kick-off or customer meeting at the Swedish National Parks Information Centre. In return we can offer plenty of space, fantastic surroundings and conference facilities such as overhead, data and slide projectors. Guided tours of the exhibitions are included, as is our memorable multi-projector slide show. If you want to make your conference even more special, a guided tour of the primeval forest in Tyresta National Park can also be arranged.




**TYRESTA
FOREST FOUNDATION**

The Tyresta Forest Foundation
– administrator of the Tyresta National
Park and Nature Reserve, administrates the
Swedish National Parks Information Centre.



THE SWEDISH NATIONAL PARKS INFORMATION CENTRE

*– the treasures of
Swedish nature.*



The Swedish National Parks Information Centre is located close to Tyresta National Park just 20 kilometres from the busy streets of Stockholm. Come and see all the national parks in Sweden under one roof and be inspired by fantastic scenes of nature.

Sweden's national parks – an invaluable resource for present and future generations

The national parks of Sweden represent the various types of nature found throughout the country, from the powerful fells of the north with their ranges of moorland and mountains, pine forests and marshes, to the leafy shade of deciduous forests and vast stretches of sandy beaches in the south. The Swedish National Parks Information Centre takes you on a journey through these national parks, in an exhibition ant through a magnificent slide show that will fire the imagination and enthrall the eye.

National parks play an important role in preserving the riches of nature and its diversity of species and living environments – what is known as biological diversity. They are an invaluable resource for the whole country, both now and in the future. Their value lies in their remaining untouched, and

in nature being able to go its own way without the interference of human beings.

Our intention is that the visitor will be able to experience nature in all its rich variety in the Swedish National Parks Information Centre. We also wish to show the visitor just how much there is to discover and experience in the Swedish nature. Join one of our guided tours, or just visit the exhibitions with its touch screen computers with lots of information.



Hatches in the exhibition makes everyone curious. You may put your hand in the bear's mouth and touch his tongue – if you dare.

Tyresta – a national park on Stockholm's doorstep

One of the most pristine parts of central Sweden is a mere 20 kilometres from the centre of Stockholm – Tyresta National Park and Nature Reserve. It is an area characterized by valley fissures, a landscape typical for central Sweden. The bedrock is made up of remnants of an ancient mountain range almost two billion years old that was eroded by the forces of nature. Hundreds of million years ago, the land was fractured into lines and weak zones that are still present to this day. When the inland ice covered these lines and zones, it tore blocks of rock apart and ground the underlying primary rock into flat slabs.

The area extends over approximately 5,000 hectares. Primeval forest with pine 400 years old, clear forest lakes and an abundance of unusual plants and animals are all found in Tyresta. There are also deciduous forests, open pastureland and buildings listed for their cultural and historical significance.

A building unsurpassed in environmental adaptation

The Swedish National Parks Information Centre has been built according to environmentally sound methods using natural and recoverable materials whenever possible. The structure is made of wood and the roof is covered with turf to



give the building a pleasant interior climate. Irregular walls made of untreated larch follow the shape of the map of Sweden. With such an unusual and exciting shape, it is not surprising that the building has no fewer than 41 corners.

The floor is made of late pine, which had been treated with no other material than ordinary soft soap. Built into the floor are scale replicas of the six largest lakes in the country. The interior walls of the building are made of spruce panels and painted with egg tempera. The paint was mixed onsite, requiring approximately 1,000 eggs which were bought from a local farmer in Tyresta.

A biological cleaning plant has been built and close to the visitor centre, a bog has been prepared in which phosphorus and nitrogen are deposited to prevent their dispersal into the Baltic Sea.

